



# SAFE!

**We all want to keep our teens safe. In this presentation, you'll learn to:**

- Promote mental wellness and strong coping skills
- Recognize signs of stress and depression
- Promote adolescent brain health
- Know the warning signs of suicidal behavior
- Learn to recognize and respond to a young person in crisis
- Connect with tools and resources to keep youth SAFE!



**Vanita Halliburton** is co-founder and executive chairman of the Grant Halliburton Foundation, a non-profit established in 2006 following the suicide death of her son, Grant Halliburton.

Vanita is a frequent speaker on youth mental health and suicide prevention in schools, at professional conferences, and throughout the community. She speaks from the heart about her son's battle with depression and bipolar disorder, his suicide at the age of 19, and the need for a collaborative and comprehensive approach to suicide prevention in our community.

### **Join us for an Adults Only Parent Education Event**

**WHERE: Berkner High School Library, 1600 E. Spring Valley Rd., 75081**

**WHEN: Tuesday, October 1, 2019**

**TIME: 6:30-8:00 p.m.**

**For more information, contact Suzanne Tsatsoulas, Student Assistance Programs**

**[Suzanne.tsatsoulas@risd.org](mailto:Suzanne.tsatsoulas@risd.org) or 469-593-0800**



**GRANT HALLIBURTON**  
FOUNDATION

SAFE! is a program of Grant Halliburton Foundation, a non-profit organization that works to raise awareness and understanding of adolescent mental health and suicide prevention.

For more information, visit [www.GrantHalliburton.org](http://www.GrantHalliburton.org)