According to the Center for Research and Clinical Care, approximately one in 11 children experience some form of depression before the age of 14. RISD is joining the movement to end the stigma associated with mental health challenges. Programming for this effort includes opportunities for parents, students and staff members to learn more about mental health and meaningful next steps to support themselves and the children they teach.

Student Assistance Programs will conduct the annual High School Student Survey to determine the top concerns for students and to identify student supports.

The documentary Angst will be made available for students at Pearce and Lake Highlands High School. Angst is about anxiety and its effect on students and their families. Time to Act guidance lessons will be delivered to all students K-12. Finally, a Teen Screen community event is scheduled for December 5 at FMJH.

Work/Life Balance presentations will be made available to campuses through the RISD Human Resources Department.

Campuses will have access to NAMI (National Alliance On Mental Illness) campus presentations.

Staff are invited to attend the Angst community events and receive two hours of staff development credit.

RISD community members have the opportunity to view the Angst documentary at Pearce High School or Lake Highlands High School. Be on the lookout for the specific dates and times!

National Alliance on Mental Illness: www.nami.org • ANGST: angstmovie.com
Youth Mental Health First Aid: www.mentalhealthfirstaid.org